

Your health and well-being start at home.

Follow these Steps for a Safe and Healthy Home.



Keep your home:

1. Dry

- Fix roof and plumbing leaks
- Clean up water spills right away



2. Clean

- Clean up dirt and dust
- Reduce clutter



3. Pest-Free

- Store food in sturdy containers with tight lids
- Seal cracks and openings



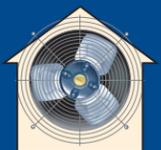
4. Safe

- Store poisons out of reach
- Install smoke and carbon monoxide detectors



5. Ventilated

- Use exhaust fans in bathroom and kitchen
- Increase fresh air supply



6. Contaminant-Free

- Reduce the use of dangerous chemicals
- Do not smoke inside the home
- Test your water; test for lead and radon



7. Well-Maintained

- Inspect, clean and repair often



(860) 509-7299



Healthy Homes Initiative

Good Health Begins at Home

www.ct.gov/dph/healthyhomes